



NTHRYS WORKSHOPS

Public Health Nutrition And Food Security

8:45 AM - 10:15 AM: Session 1: Nutritional Epidemiology and Public Health

Hands-on workshop on nutritional epidemiology.
Protocols for studying the relationships between diet, nutrition, and health outcomes in populations.

10:15 AM - 10:30 AM: Coffee / Tea / Snacks Break

Networking and refreshments.

10:30 AM - 12:00 PM: Session 2: Nutrition Policy and Food Security

Practical session on food security.
Protocols for designing and implementing nutrition policies that address food insecurity and malnutrition at the population level.

12:00 PM - 1:00 PM: Lunch Break

Catered lunch and networking opportunity.

1:00 PM - 2:30 PM: Session 3: Public Health Interventions for Improving

Nutrition

Hands-on training on nutrition interventions.

Protocols for developing and evaluating public health programs aimed at improving nutrition and preventing diet-related diseases.

2:30 PM - 2:45 PM: Short Break

Time for a stretch and informal discussions.

2:45 PM - 4:15 PM: Session 4: Global Trends in Nutrition and Health

Practical session on global nutrition trends.

Protocols for studying global trends in nutrition, including the double burden of malnutrition and the rise of non-communicable diseases.

4:15 PM - 4:30 PM: Coffee / Tea / Snacks Break

Last networking opportunity with snacks.

4:30 PM - 5:30 PM: Closing Session: Implementing Changes and Technology Adoption

Group discussions on implementing new techniques learned today.

Dialogue on overcoming challenges in adopting new technologies in similar sectors.

Feedback session and closing remarks.

Certificate Issue

5:30 PM: Workshop Concludes