



NTHRYS WORKSHOPS

Introduction To Public Health

8:45 AM - 10:15 AM: Session 1: Fundamentals of Public Health

Hands-on workshop on the basics of public health. Protocols for understanding the core principles of public health, including epidemiology, health promotion, and disease prevention.

10:15 AM - 10:30 AM: Coffee / Tea / Snacks Break

Networking and refreshments.

10:30 AM - 12:00 PM: Session 2: Public Health Surveillance Systems

Practical session on public health surveillance. Protocols for setting up and managing public health surveillance systems to track disease outbreaks and health trends.

12:00 PM - 1:00 PM: Lunch Break

Catered lunch and networking opportunity.

1:00 PM - 2:30 PM: Session 3: Health Education and Behavioral Change

Strategies

Hands-on training on health promotion.

Protocols for designing and implementing health education campaigns to encourage positive behavioral changes in populations.

2:30 PM - 2:45 PM: Short Break

Time for a stretch and informal discussions.

2:45 PM - 4:15 PM: Session 4: Social Determinants of Health

Practical session on social determinants.

Protocols for analyzing the impact of social, economic, and environmental factors on public health outcomes.

4:15 PM - 4:30 PM: Coffee / Tea / Snacks Break

Last networking opportunity with snacks.

4:30 PM - 5:30 PM: Closing Session: Implementing Changes and Technology Adoption

Group discussions on implementing new techniques learned today.

Dialogue on overcoming challenges in adopting new technologies in similar sectors.

Feedback session and closing remarks.

Certificate Issue

5:30 PM: Workshop Concludes