



NTHRYS WORKSHOPS

Chronic Disease Prevention And Control

8:45 AM - 10:15 AM: Session 1: Public Health Approaches to Chronic Disease Prevention

Hands-on workshop on chronic disease.
Protocols for preventing chronic diseases like diabetes, cardiovascular diseases, and cancer through public health interventions.

10:15 AM - 10:30 AM: Coffee / Tea / Snacks Break

Networking and refreshments.

10:30 AM - 12:00 PM: Session 2: Screening and Early Detection of Chronic Diseases

Practical session on early detection.
Protocols for implementing screening programs to detect chronic diseases early and improve health outcomes.

12:00 PM - 1:00 PM: Lunch Break

Catered lunch and networking opportunity.

1:00 PM - 2:30 PM: Session 3: Public Health Interventions for Non-Communicable Diseases (NCDs)

Hands-on training on NCDs.

Protocols for designing and implementing public health programs to control and reduce the burden of non-communicable diseases.

2:30 PM - 2:45 PM: Short Break

Time for a stretch and informal discussions.

2:45 PM - 4:15 PM: Session 4: Behavioral Risk Factors and Chronic Disease Prevention

Practical session on behavioral risk factors.

Protocols for addressing behavioral risk factors such as smoking, physical inactivity, and poor diet to prevent chronic diseases.

4:15 PM - 4:30 PM: Coffee / Tea / Snacks Break

Last networking opportunity with snacks.

4:30 PM - 5:30 PM: Closing Session: Implementing Changes and Technology Adoption

Group discussions on implementing new techniques learned today.

Dialogue on overcoming challenges in adopting new technologies in similar sectors.

Feedback session and closing remarks.

Certificate Issue

5:30 PM: Workshop Concludes