



NTHRYS WORKSHOPS

Nutrition In Biomedical Research

8:45 AM - 10:15 AM: Session 1: Role of Nutrition in Disease Research

Overview of the importance of nutrition in disease research.
Hands-on session on studying the impact of diet on disease progression and prevention.
Case studies on the impact of nutrition in biomedical research.

10:15 AM - 10:30 AM: Coffee / Tea / Snacks Break

Networking and refreshments.

10:30 AM - 12:00 PM: Session 2: Nutrition in Metabolic Disorders

Exploring the role of nutrition in metabolic disorders.
Workshop on using nutrition to study and manage conditions like diabetes and obesity.
Case studies on the applications of nutrition in metabolic disease research.

12:00 PM - 1:00 PM: Lunch Break

Catered lunch and networking opportunity.

1:00 PM - 2:30 PM: Session 3: Nutrition in Cardiovascular Health

Hands-on session on the use of nutrition in cardiovascular health.

Exploring techniques for identifying dietary factors that influence heart health.
Practical applications of nutrition in managing cardiovascular diseases.

2:30 PM - 2:45 PM: Short Break

Time for a stretch and informal discussions.

2:45 PM - 4:15 PM: Session 4: Clinical Applications of Nutrition

Workshop on translating nutrition research into clinical practice.
Practical techniques for using nutrition data in clinical settings.
Case studies on the impact of nutrition on patient care.

4:15 PM - 4:30 PM: Coffee / Tea / Snacks Break

Last networking opportunity with snacks.

4:30 PM - 5:30 PM: Closing Session: Implementing Changes and Technology Adoption

Group discussions on implementing new techniques learned today.
Dialogue on overcoming challenges in adopting new technologies in similar sectors.
Feedback session and closing remarks.

Certificate Issue

5:30 PM: Workshop Concludes