



Applied Nutrition Workshops

Applied Nutrition Workshops

NTHRYS BIOTECH LABS provides a diverse array of workshops in the realm of Applied Nutrition. Explore our comprehensive offerings below

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Step into the World of Applied Nutrition: Select a Workshop!

1. [Workshop in Introduction to Applied NutritionPDF](#)
2. [Workshop in Advanced Techniques in Applied NutritionPDF](#)
3. [Workshop in Emerging Trends in Applied NutritionPDF](#)

1. Workshop in Introduction to Applied Nutrition

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Date: Pre Selected Date

Fee: Rs 6000/-

Duration: One Day

Mode: Offline and Virtual

Location for Offline: NBL Cherlapalli IDA Branch

Facilitator(s): NTHRYS TEAM

8:00 AM - 8:30 AM: Registration and Welcome Coffee

Participants arrive, register, and network over coffee.

8:30 AM - 8:45 AM: Opening Remarks

Welcome by the host.
Brief overview of today's focus.

8:45 AM - 10:15 AM: Session 1: Basics of Nutrition Science

Overview of nutrition science and its importance.
Introduction to macronutrients and micronutrients.

10:15 AM - 10:30 AM: Coffee / Tea / Snacks Break

Networking and refreshments.

10:30 AM - 12:00 PM: Session 2: Nutritional Assessment Techniques

Hands-on training on techniques for assessing nutritional status.
Practical session on dietary surveys and anthropometric measurements.

12:00 PM - 1:00 PM: Lunch Break

Catered lunch and networking opportunity.

1:00 PM - 2:30 PM: Session 3: Nutrition and Metabolism

Overview of the relationship between nutrition and metabolism.
Practical exercises on understanding metabolic pathways and nutrient utilization.

2:30 PM - 2:45 PM: Short Break

Time for a stretch and informal discussions.

2:45 PM - 4:15 PM: Session 4: Case Studies in Applied Nutrition

Discussion on real-world case studies of applied nutrition.
Analysis of nutritional interventions and their outcomes.

4:15 PM - 4:30 PM: Coffee / Tea / Snacks Break

Last networking opportunity with snacks.

4:30 PM - 5:30 PM: Closing Session: Implementing Changes and Technology Adoption

Group discussions on implementing new techniques learned today.
Dialogue on overcoming challenges in adopting new technologies in similar sectors.
Feedback session and closing remarks.

Certificate Issue

5:30 PM: Workshop Concludes

2. Workshop in Advanced Techniques in Applied Nutrition

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Date: Pre Selected Date

Fee: Rs 6000/-

Duration: One Day

Mode: Offline and Virtual

Location for Offline: NBL Cherlapalli IDA Branch

Facilitator(s): NTHRYS TEAM

8:00 AM - 8:30 AM: Registration and Welcome Coffee

Participants arrive, register, and network over coffee.

8:30 AM - 8:45 AM: Opening Remarks

Welcome by the host.
Brief overview of today's focus.

8:45 AM - 10:15 AM: Session 1: Nutrigenomics

Introduction to nutrigenomics and its applications.
Practical demonstration of genetic testing for personalized nutrition.

10:15 AM - 10:30 AM: Coffee / Tea / Snacks Break

Networking and refreshments.

10:30 AM - 12:00 PM: Session 2: Clinical Nutrition

Overview of clinical nutrition and its role in healthcare.
Hands-on workshop on designing and implementing clinical nutrition plans.

12:00 PM - 1:00 PM: Lunch Break

Catered lunch and networking opportunity.

1:00 PM - 2:30 PM: Session 3: Functional Foods and Nutraceuticals

Introduction to functional foods and nutraceuticals.
Practical session on developing and evaluating functional food products.

2:30 PM - 2:45 PM: Short Break

Time for a stretch and informal discussions.

2:45 PM - 4:15 PM: Session 4: Nutrition Policy and Public Health

Discussion on the role of nutrition policy in public health.
Case studies on successful nutrition programs and initiatives.

4:15 PM - 4:30 PM: Coffee / Tea / Snacks Break

Last networking opportunity with snacks.

4:30 PM - 5:30 PM: Closing Session: Implementing Changes and Technology Adoption

Group discussions on implementing new techniques learned today.
Dialogue on overcoming challenges in adopting new technologies in similar sectors.
Feedback session and closing remarks.

Certificate Issue

5:30 PM: Workshop Concludes

3. Workshop in Emerging Trends in Applied Nutrition

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Date: Pre Selected Date

Fee: Rs 6000/-

Duration: One Day

Mode: Offline and Virtual

Location for Offline: NBL Cherlapalli IDA Branch

Facilitator(s): NTHRYS TEAM

8:00 AM - 8:30 AM: Registration and Welcome Coffee

Participants arrive, register, and network over coffee.

8:30 AM - 8:45 AM: Opening Remarks

Welcome by the host.

Brief overview of today's focus.

8:45 AM - 10:15 AM: Session 1: Personalized Nutrition

Introduction to the concept of personalized nutrition.

Practical session on using data for personalized dietary recommendations.

10:15 AM - 10:30 AM: Coffee / Tea / Snacks Break

Networking and refreshments.

10:30 AM - 12:00 PM: Session 2: Nutrition and Chronic Diseases

Overview of the relationship between nutrition and chronic diseases.

Hands-on workshop on designing nutrition interventions for disease prevention and management.

12:00 PM - 1:00 PM: Lunch Break

Catered lunch and networking opportunity.

1:00 PM - 2:30 PM: Session 3: Innovations in Nutritional Science

Discussion on recent innovations in nutritional science.

Practical exercises on evaluating new dietary supplements and ingredients.

2:30 PM - 2:45 PM: Short Break

Time for a stretch and informal discussions.

2:45 PM - 4:15 PM: Session 4: Future Directions in Nutrition Research

Exploration of future trends and innovations in nutrition research.
Case studies on the impact of advanced research on dietary guidelines and public health.

4:15 PM - 4:30 PM: Coffee / Tea / Snacks Break

Last networking opportunity with snacks.

4:30 PM - 5:30 PM: Closing Session: Implementing Changes and Technology Adoption

Group discussions on implementing new techniques learned today.
Dialogue on overcoming challenges in adopting new technologies in similar sectors.
Feedback session and closing remarks.

Certificate Issue

5:30 PM: Workshop Concludes

Note: NTHRYS Management reserves the right to modify the workshop module at any time without prior notice. Registered or enrolled candidates will receive the module that is current on the day of enrollment.

NTHRYS Workshops Department

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Applied Nutrition Workshops Application Process

1. Select a workshop from the list.
2. Contact via whatsapp on the number present above to request fee details and dates suitable for joining. Alternatively, you can send an email to workshops (a t) nthrys [d o t] com.
3. Our Workshop department will contact you promptly to provide further assistance.